

## Nursing Students Receive Scholarship From the Dallas County Medical Society Alliance Foundation

Seven nursing students were awarded Edith Cavell scholarships totaling \$8,500 from the Dallas County Medical Society Alliance Foundation in October. Six of the students attend TWU: **Shana Hansford**, **Whitney Hain**, **Grace Park**, **Soo Min Park**, **Michaela Cortex** and **Angelica Garcia**. **Sarah Wilcox** attends Baylor.

Recipients are selected based on criteria indicative of the qualities and characteristics necessary to become a successful nurse. Applicants must be currently enrolled in, or accepted to, a nursing school within Dallas County and have a minimum GPA of 3.0. Along with the application, an essay is required and proof of financial need. In addition to the financial support, recipients benefit from the networking opportunities available to them through DCMSAF and are mentored by members of the Edith Cavell board.

One of the primary missions of DCMSAF is to promote health education through community programming. The Edith Cavell Nursing Scholarship Fund was established in 1954 in honor of **Edith Cavell**, the first woman killed by Nazi firing squad during World War II. Her crime was aiding the escape of over 300 Allied soldiers while simultaneously caring for all the wounded in her charge as a Red Cross volunteer nurse. Since its inception, more than \$500,000 has been awarded to 1,359 nursing scholars.

Edith Cavell Scholarship Fund Chair is **Rachal Nettune**. Board members are **Cheri Whitten**, **Dianne Moy**, **Sandy DeBusk**, and ex-officio members **Lori Routh** and **Barenda Hino**.



Scholarship recipients from left: Shana Hansford (TWU), Michaela Cortex (TWU), Sarah Wilcox (Baylor University), Soo Min Park (TWU), and Angelica Garcia (TWU). Not pictured: Whitney Hain (TWU).

### DCMSA & Foundation, TMAA and AMAA Membership Information

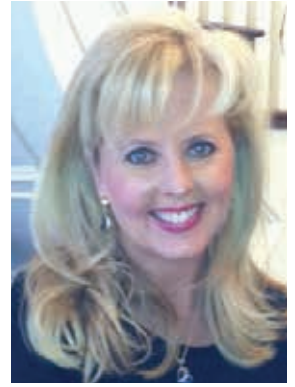
The DCMS membership renewal is under way and our Alliance dues are no longer on the physician medical society statements. Instead, our membership renewals are found in the invoices mailed from the Texas Medical Association Alliance (TMAA). If you haven't received the TMAA mailing, **please contact us!**

Why the change? Last spring our Board voted to shift our annual membership drive and have the state alliance office (TMAA) handle our membership billing FREE of charge. The TMAA reaches out to every physician in the database for Dallas County and the surrounding areas, which would increase our membership pool. Not only will this be a huge financial savings (printing, postage, bookkeeping, etc.), it will free up time spent by our volunteers. This is obviously a change for us as we just closed our membership drive in the Fall, but the overlap will only be THIS year.

We feel that further clarification is needed regarding **continued on page 7**



# From the President



Dear Alliance/Foundation Members,

The 2015-2016 year brought challenges, internal restructuring, inspirational programming and wonderful opportunities for community health service. An exceptional Aldredge House task force continues to see us through the district zoning process and we anticipate a productive hearing before the City Plan Commission. Thanks go to my Board, the Aldredge House Task Force, and all of our supportive members who have so generously given their time and talents.

This whirlwind of a year has been non-stop. We partnered in the annual Community Health Fair at Church of the Incarnation where members and their spouses assisted in giving 236 vaccinations, over 160 sports physicals and dental exams, healthy eating demonstrations, and health screening for vision, diabetes, and hearing. Our members were not hard to spot thanks to **Sandy DeBusk**, 1st VP of Health Projects, and the wonderful blue aprons we wore with our embroidered logo. If you haven't participated in this annual event, I highly encourage you to mark your calendars for August and be a part of something great and incredibly rewarding. DCMSA&F provided bicycle helmets through the TMAA Hard Hats for Little Heads program for the Singing Hills Church Health Fair & Walk-A-Thon in South Dallas. Members attended the 40th annual DCMS Medical Student Dinner at the Frontiers of Flight Museum to welcome into medicine the freshman class of UT Southwestern Medical School and the 3rd year Texas A&M medical students studying at BUMC. Mark your calendars - this is another annual event that I highly recommend! The Edith Cavell Nursing Scholarship Board of Trustees hosted a wonderful cocktail reception at the beautiful home of **Barenda** and **Peter Hino** honoring the 2015-16 nursing scholarship recipients, their family and friends, and EC Patrons. After her excellent words of encouragement, ECNS Chair, **Rachal Nettune**, unveiled the new logo and announced the creation of a Facebook page! Please follow us for lots of updates! The October General Membership meeting was an energizing success as **Meridan Zerner** from the Cooper Clinic spoke on the importance of diet, exercise, stress management, and sleep. Perfect timing for us - we needed this information! Meridan's PowerPoint presentation is available on our website. We continued our tradition of collecting personal care products during Domestic Violence Awareness Month. This year's donations were given to the Safe Campus Shelter of The Family Place.

**Wendy Hansen** and her fabulous Aldredge House Committee hosted our annual Holiday Champagne Luncheon as well as a second holiday party the following evening. The Aldredge House sparkled with stunning holiday decorations. Talented Wendy even recreated some of **Rena Aldredge's** holiday decor. These events brought so much joy to members and friends of the AH!

At January's Open Board Meeting we were treated to a presentation by **Steve Smith**, co-founder of Eat the Yard, a veteran-owned urban farming business. Eat the Yard and its non-profit sister program, Farmers Assisting Returning Military (FARM), help veterans at risk of homelessness, addiction, suicide, and PTSD through an agricultural training

and therapy program. Urban farms provide locally grown pesticide-free produce using an environmentally conscious farming model. Good for veterans, good for the environment, good for the community, and good for your bodies. Learn more about this amazing project at [eattheyard.net](http://eattheyard.net) and [www.farmvet.org](http://www.farmvet.org).

I hope you will join us in the coming months by supporting at-risk youth at our dinner at Cafe Momentum, attending our general membership meetings and programs in March and April, assisting us in our upcoming health project, honoring your favorite physicians through our annual Doctor's Day campaign, volunteering as we host the Texas Medical Association Alliance ALLMED Convention, and attending our upcoming hearing at Dallas City Hall as we work to Save the Aldredge House.

Watch your mailboxes for invitations and your email for updates. Come be a part of something good!

*Lori*

Lori Routh  
DCMSA&F President 2015-2016

Visit the DCMSAF  
&  
Edith Cavell Nursing  
Scholarship  
on Facebook  
or our website  
[www.dcmsaf.org](http://www.dcmsaf.org)

**Join us in Dallas!**

**ALLMED**  
*Celebrating the  
Family of Medicine*

TMAA's 98th Annual Convention  
April 27-30, 2016 • Dallas  
Hilton Anatole Hotel  
Visit [alliance.texmed.org](http://alliance.texmed.org)



## New Historical Marker Awarded!

DCMSAF began 2016 with news of a second historical marker at Aldredge House commemorating our history. **Elizabeth Gunby** submitted a new marker application in November to the Texas Historical Commission. **Mrs. John O. McReynolds**, our first president, spearheaded events that changed not only the course of local and state history, but also the course of national history. All other county, state, and national organizations evolved from our organization founded in 1917 in Dallas County. **Fred Durham**, County Historical Commission chair, reported that our application had been approved by the Texas Historical Commission. The TMAA and AMAA has been notified about this news. Mr. Durham remarked, "It is very significant that the DCMSA is the oldest medical Alliance in the country. I am planning to be right there with you to celebrate!"

## F.A.R.M. Program

At the January General Meeting, we turned our attention to learning about a reintegration program for returning combat veterans and a successful program that helps those suffering with PTSD. The F.A.R.M.-Farmers Assisting Returning Military program about gardening therapy was enlightening and inspirational. F.A.R.M. has acquired a property just south of the Dallas Farmers Market and will build an urban educational farm and garden. They will sell fresh produce to local chefs and at the Farmers Market. With the Parks Board Approval and a United Way grant of \$160,000 for a hydroponics tomato house, the Veteran farmers plan to break ground in March. They presented their plans for a composting area, container gardens of all types, raised beds, wicking beds, small pot intensive farming (SPIN), fruit and nut tree planting, permaculture gardens, rooftop gardens, and vertical gardens. For more information visit [www.Farmvet.org](http://www.Farmvet.org).

## History of National Doctors' Day

National Doctors' Day is held every year on March 30th in the United States to celebrate the contribution of physicians who serve our country by caring for its' citizens. The first Doctor's Day observance was March 30, 1933 in Winder, Georgia. Eudora Brown Almond, wife of Dr. Charles B. Almond, decided to set aside a day to honor physicians. This first observance included the mailing greeting cards and placing flowers on graves of deceased doctors. The red carnation is commonly used as the symbolic flower for National Doctor's Day. On March 30, 1958, a Resolution Commemorating Doctors' Day was adopted by the United States House of Representatives. In 1990 President George Bush signed S.J. RES. #366 designating March 30th as "National Doctor's Day. Please honor your favorite doctor's.

## DCMSA News and Notes

Condolences to **Martin (Buddy) Hurst, MD** on the death of his wife, **Carolyn Hurst; Margaret Jenkins** on the passing of her husband, **Madden Jenkins, MD** and to **Nancy Shelton** on the loss of her husband **Jim Shelton, MD;** to **Michelle and Richard Anderson, MD** on the death of their son **Blake;** to the family of **Betty Hayes,** on her passing; **Cathy Linder** on the passing of her husband, **Steve Linder, MD;** to the family of DCMS Executive Medical Officer **Robert Heath** on his death; to the family of Past DCMSA President, **Rene McCrory** on her passing; to the family of **Suzanne Dees** on her passing; **David Baxter,** former Board member and husband of **Bobbie Stark, MD** passed away; **Lori Altshuler, MD** step-daughter of **Ruth Altshuler** passed away; to the **Dan Polter, MD** family on the loss of their son and grandson; and to the family of **Preston J. Chandler, MD** on his passing away, to **Sheri Miller** on the loss of her grandmother, to **John Secor, MD** on the loss of his sister; and **Sandy DeBusk** on the loss of her parents, **Randi and Michael Smerud, MD** on the death of his father, **John,** in August; The family of **Evelyn Alexander,** who passed away in April, 2015. Evelyn was to have served as DCMSA President in 1976, but due to health reasons had to step down the summer that she was to assume office; **Elaina and Gary Gross, MD** on the passing of his mother, **Dorothy.**

Congratulations to **Sandy and John Secor, MD** on the birth of their granddaughter **Tessa** in October; **Michelle and Richard Anderson, MD** on the birth of their granddaughter, **Caroline Blake Crampton** on November 10th, and **Bev and Steve Ozanne, MD** on the birth of a granddaughter, **Stella.** **Gail and Peter Loeb, MD** on the birth of their granddaughter, **Rosie May Keon;** The **Marzolinis,** who welcomed their twins on July 13: **Tex Giovanni (Gio) Phillip Marzolino** and **Milan Alexis Marzolino.** Gio was 5lb. 9 oz., 18 3/4" long. Milan was 4lbs. 4oz. 17 1/4" long.

Please send your news and notes to **Randi Smerud;** [durems13@gmail.com](mailto:durems13@gmail.com).



**Guests and Members at the Holiday events at Aldredge House.**  
**1.** Front row: Jody Scruggs, Lindalyn Adams, Harriett Gibbs, Wendy Hansen. Back Row: Brooke Edwards, Mary Geisler, Jo North, Michelle Anderson, Barbara Bradfield, Martha Allday. **2.** Pam Brannon, Elizabeth Mast, Gail Loeb, Nancy Shelton, Karen Uhr and Gabrielle Bondy. **3.** Rebecca Page, Carolyn Rousseau, Dr. Sandy Brothers, Lana Holub, Angelique Reagor and Claudia Garza. **4.** Sandy DeBusk, Michelle Small, Christine Goff, Sheri Miller. **5.** Jean Wooten, Chris McDanald and Nancy Montgomery. **6.** Linda Eichenwald and Carol Lichliter. **7.** Dr. Don Read (TMA President Elect), Roberta Read and Dr. Bob Gunby (TMA Past President). **8.** Catherine Corrigan, Kay Hyland, Elsie Dunklin, Debbie McEntire, Gloria Hammack and Robin Lewis.







**8. Lindalyn Adams and Virginia McAlester** welcomed **William Seale**, renown American historian and author, to a private tour of Aldredge House in December. From 1973-1974, Mr. Seale was curator of cultural history at the Smithsonian Institution. Since 1975 he has been an independent scholar concerned with historical writing and the restoration of historic American buildings, notably state capitols. In addition to other projects, Mr. Seale is currently the editor of the publication "White House History".  
**9. Jack Hyland, MD and Keith Routh, MD.** **10. Edna Gladney** Christmas Party at Aldredge House. **11. Virginia McAlester, Lindalyn Adams, Lynn Vogt** and DCMSA&F President **Lori Routh** met at **Nancy Shelton's** for an Endowment meeting. **12. Sandi DeBusk, RN** helping with the August Health Fair. **13. Brenna Routh, Margaret Jiminez and Angela Watkins** at the Health Fair providing information on healthy eating and diabetes. **14. Bicycle and helmet give-away** at the Community Health Fair. **15. Michelle Anderson, Sandy Secor and Anne Macintosh**, Community Health Fair leaders.



## **DCMSA & F, TMAA and AMAA Membership Information cont'd. page 1**

donations to our in-house philanthropies-Aldredge House, Edith Cavell and Benefactors Endowment Fund. TMAA software only allows us to list a fixed dollar amount for each. The Board approved the following amounts for the invoice: \$100 for Aldredge House, \$50 for Edith Cavell Nursing Scholarship Fund and \$50 for Benefactors Endowment Fund. Please remember that not only are donations voluntary, so are the amounts listed. You may give ANY dollar amount, at any time of the year, on our website, dcmsaf.org.

What else is different this year? Modest increases in state and local dues were necessary. The Board approved a \$5 increase, making local membership dues \$50. (in comparison, Tarrant County is \$60 and Harris County is \$45) TMAA's dues increased by \$10, making state dues \$50. State and local dues for widows, residents and medical students are unchanged from last year. Another change took place at the national level. Effective January 2016, AMAA dues will bill their members directly. This means you will no longer see your AMAA dues on your state/local bill. If you wish to join the AMAA, please visit them online at [www.amaalliance.org](http://www.amaalliance.org) or call 1-800-549-4619.

If you have not received your TMAA invoice or would like to pay your DCMSA&F and TMAA dues with a credit card, please contact **Judy Julian** at 1-800-880-1300, ext 1331, during regular business hours, Monday through Friday.

Please contact **Sheri Miller**, DCMSA&F treasurer, with any questions regarding membership renewal or billing at [skmiller972@yahoo.com](mailto:skmiller972@yahoo.com).

Thank you for supporting the DCMSA&F!

Membership Levels:

\$100- Physician or Spouse of Physician

*(\$50 for local and \$50 for state dues)*

\$50 for Widow/Widower of Physician

*(\$40 for local and \$10 for state dues)*

\$35- 50 Year Member/Special Rate

*(\$25 for local and \$10 for state dues)*

## **Community Health Fair, August 20**

Volunteers are needed at the Health Fair on Saturday, August 20 from 1-3 pm at Church of the Incarnation. Physicians are needed to help with sports physicals and nurses are needed to help with immunizations. Other non-medical volunteers are also needed. Contact **Sandy DeBusk**, [sambo0207@aol.com](mailto:sambo0207@aol.com) or **Sandy Secor**, [jwsecor@sbcglobal.net](mailto:jwsecor@sbcglobal.net).

## **Aldredge House Zoning Update**

Tremendous thanks to everyone who has attended the various public hearings in support of the Aldredge House! The process is ongoing.

As you know, a group of neighbors filed an application with the Dallas Board of Adjustment last summer in order to force us to discontinue our use of the Aldredge House. In an Oct 21 hearing at Dallas City Hall, we successfully defended against the neighbors' efforts to shut us down. In a 4-1 vote, the Board of Adjustment found that our continued use would not have an adverse effect on nearby properties. Unfortunately, this decision doesn't prevent the neighbors from re-filing against us at any time. Also, the neighbors have appealed the ruling, although that appeal is on hold until the resolution of our PD application.

In late summer, we filed our own application with the City to create a new PD (Planned Development), a type of sub-district within the Swiss Avenue Historic District. We hoped it would be a win-win for the neighborhood. The PD process allows for neighborhood input on restrictions for our use of the property, over and above current city ordinances. If successful, the Aldredge House would have legally enforceable restrictions to ensure our accountability within the neighborhood.

On Sept 23, the Designation Committee recommended approval of the new sub-district, then, in an Oct 5 hearing, the Landmark Commission approved our application. We've come a long way, but we have further to go. The next step is a hearing before the Plan Commission sometime this spring. We will keep you up to date!

## **Spotlight -- Gladney Center for Adoption**

This was the 12th year that Edna Gladney, a long-time member of our non-profit Community Partners Network, enjoyed a festive holiday party for their adoptive families at Aldredge House. The house was filled with laughter and the sound of young children (quietly) shrieking with joy. Santa Claus was there with his elf helping to make this holiday season bright for the happy children ages 6 weeks to 7 years. **Wendy Hansen** and her wonderful Aldredge House Committee had our headquarters sparkling, just in time for this special event.

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*Newsletter design and production Sandy Secor.*



# 2016 DCMSA Calendar

## **Sunday, February 28**

DINNER AND WINE SHARING - *Cafe Momentum*, 6:00 p.m.; 1510 Pacific Avenue at Akard, Dallas

## **Wednesday, March 2**

Luncheon and Program

SURVIVING MEDICAL MARRIAGES and Honoring DCMSA Past Presidents and 50 Year Members  
*Park Cities Club*, 10:30 a.m.; 5956 Sherry Lane, Suite 1700, Dallas

## **Tuesday, March 8**

Aldredge House Grounds Work Day  
10:00 a.m. - 2:00 p.m. Lunch Provided

## **Wednesday, March 23**

DCMSA Board of Director's Meeting - *Aldredge House*, 9:30 a.m.

## **Wednesday, March 23**

Aldredge House Grounds Work Day  
Noon - 4:00 p.m. (following Board Meeting) Lunch Provided

## **Thursday, March 24**

Aldredge House Grounds Work Day  
10:00 a.m. - 2:00 p.m. Lunch Provided

## **Wednesday, April 6**

HEALTHY COOKING DEMONSTRATION; Central Market Kichen, Lovers Lane, 11:30 a.m. to 1:30 p.m.

## **Tuesday, April 19**

TURNOVER JOINT BOARD MEETING; City Cafe, 5757 W. Lovers Lane, 10:00 a.m., lunch following

## **Saturday, April 23**

Join the DCMS at their SPRING PICNIC 11 a.m. - 2 p.m. Dallas Arboretum

## **April 27-29**

TMAA CONVENTION at the Hilton Anatole; Welcome Reception at Aldredge House April 27

## **Wednesday, May 4**

INSTALLATION OF NEW DCMSA OFFICERS, Aldredge House

## **Tuesday, May 24**

Join the DCMS at their NIGHT WITH THE TEXAS RANGERS 7 p.m. at Globe Life Park in Arlington

## **Monday, May 30**

Camp Sweeney 5K Run and Art and Play Festival, 7160 Skillman St., Dallas

## **Sunday, June 26**

Join the DCMS at their ReelDocs: Disney Pixar's "Finding Dory" 1 p.m. Studio Movie Grill at Spring Valley

## **Saturday, August 20**

Volunteer at the DCMSA COMMUNITY HEALTH FAIR at Church of the Incarnation- Uptown; 1:00 - 3:00 p.m.

## **Sunday, August 21**

Join DCMS at their MEDICAL STUDENT DINNER at the Frontiers of Flight Museum from 6 pm-8:30 pm.